

Trouble du Comportement Alimentaire du Petit Enfant (TCAPE) entre 1 et 6 ans

Docteur Il me mange rien !!!

Marc Bellaïche
Hôpital Robert Debré
CHIC : maison des TCAPE

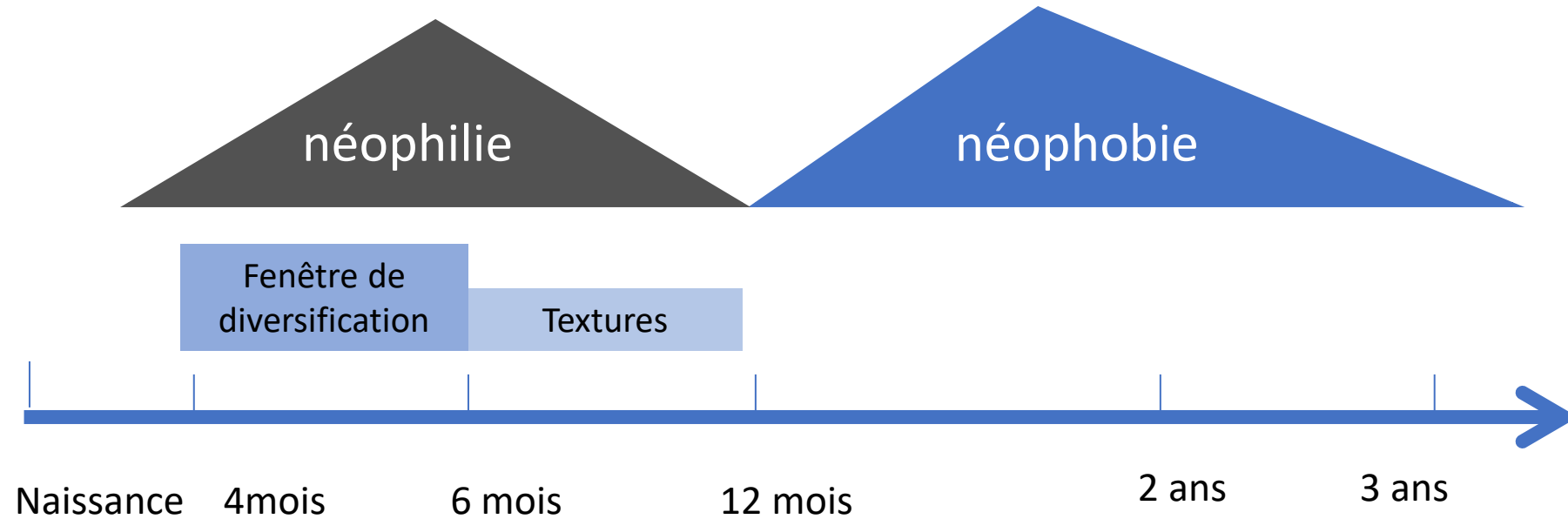


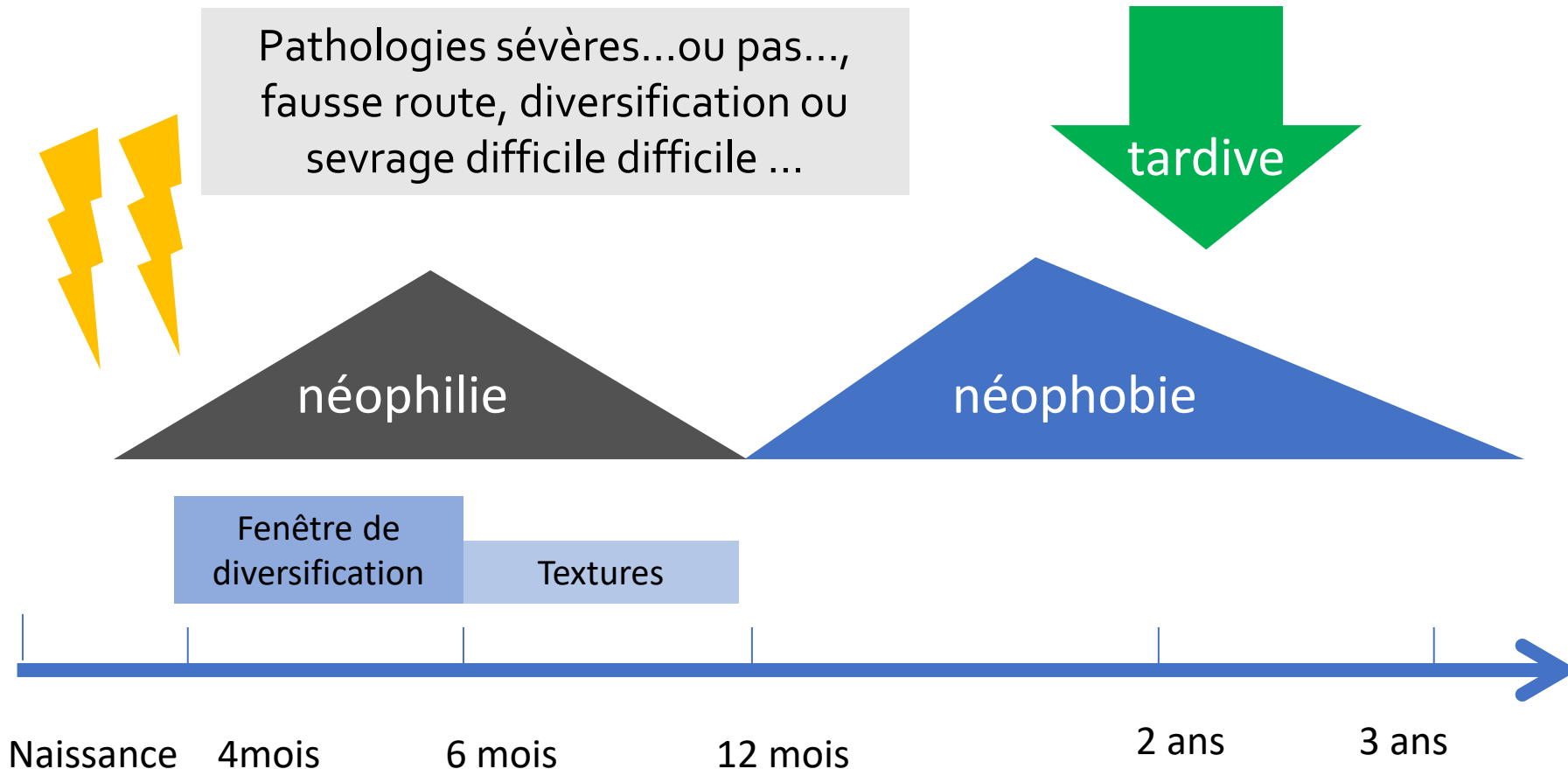
Question de timing?

Les difficultés alimentaires surviennent le plus souvent aux moments d'acquisition de nouvelles compétences

- Diversification alimentaire
- Introduction des morceaux
- Sevrage de l'allaitement maternel ou du biberon

Calendrier du néophobe...





Prévalence des difficultés alimentaires

- A partir de questionnaires parentaux
 - 28% à 70% à 1 an
 - 6% à 60% à 3-7 ans
- Environ 2-3% des enfants <6 ans après évaluation médicale

Échelle d'alimentation-HME

(POUR LES ENFANTS :6 MOIS-6 ANS)

Les numéros dans les boîtes indiquent les difficultés d'alimentation

Montreal Children's Hospital Feeding Scale (MCH-FS)

Ramsay et al, Paediatr Child Health. 2011

- | | | | | | | | |
|---|-------------------------|-------|-------|-------|-------|-------|------------------------------------|
| 1. Comment trouvez-vous les repas avec votre enfant? | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | Très difficiles | | | | | | Faciles |
| 2. Êtes-vous inquiète au sujet de l'alimentation de votre enfant? | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | Pas inquiète | | | | | | Très inquiète |
| 3. Dans quelle mesure votre enfant a-t-il de l'appétit (a-t-il faim)? | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | Aucun appétit | | | | | | Bon appétit |
| 4. Au cours des repas, à quel moment votre enfant commence-t-il à refuser de manger ? | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | Au début | | | | | | À la fin |
| 5. Combien de temps, en minutes, dure un repas pour votre enfant? | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | 1-10 | 11-20 | 21-30 | 31-40 | 41-50 | 51-60 | > 60 Mins |
| 6. Au cours des repas, comment votre enfant se comporte-t-il? | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | Se comporte bien | | | | | | Se comporte mal ou fait des crises |
| 7. Votre enfant a-t-il des haut-le-cœur, crache-t-il ou vomit-il lorsqu'il mange certaines catégories d'aliments? | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | Jamais | | | | | | La plupart du temps |
| 8. Votre enfant garde-t-il des aliments dans sa bouche sans les avaler? | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | La plupart du temps | | | | | | Jamais |
| 9. Devez-vous suivre votre enfant ou le distraire (par ex., jouets, télévision) pour le faire manger? | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | Jamais | | | | | | La plupart du temps |
| 10. Devez-vous forcer votre enfant pour le faire manger ou boire? | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | La plupart du temps | | | | | | Jamais |
| 11. Comment est la mastication (ou la succion) de votre enfant? | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | Bien | | | | | | Très mal |
| 12. Que pensez-vous de la croissance de votre enfant? | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | Croissance inappropriée | | | | | | Grandit bien |
| 13. Comment l'alimentation de votre enfant influence-t-elle la relation que vous avez avec elle/lui? | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | De façon très négative | | | | | | Pas du tout |
| 14. Comment l'alimentation de votre enfant influence-t-elle les relations familiales? | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | Pas du tout | | | | | | De façon très négative |

Il ne mange pas...

Comme ses parents aimeraient qu'il mange

~~Trouble de la déglutition ?~~

~~Anorexie organique ?~~

~~Anorexie anatomique ?~~

~~Anorexie génétique ?~~

~~Trouble psychiatrique ?~~

Il ne mange pas ...

~~Dysphagie ?~~

~~Odynophagie ?~~

~~Trouble de l'oralité alimentaire ?~~

Trouble de la déglutition ???

- Bouche ouverte, difficultés pour la fermer
- Bavage important
- Fuites de lait commissures
- Mauvaise coordination succion déglutition
- Pauses fréquentes et irrégulières à la succion ...

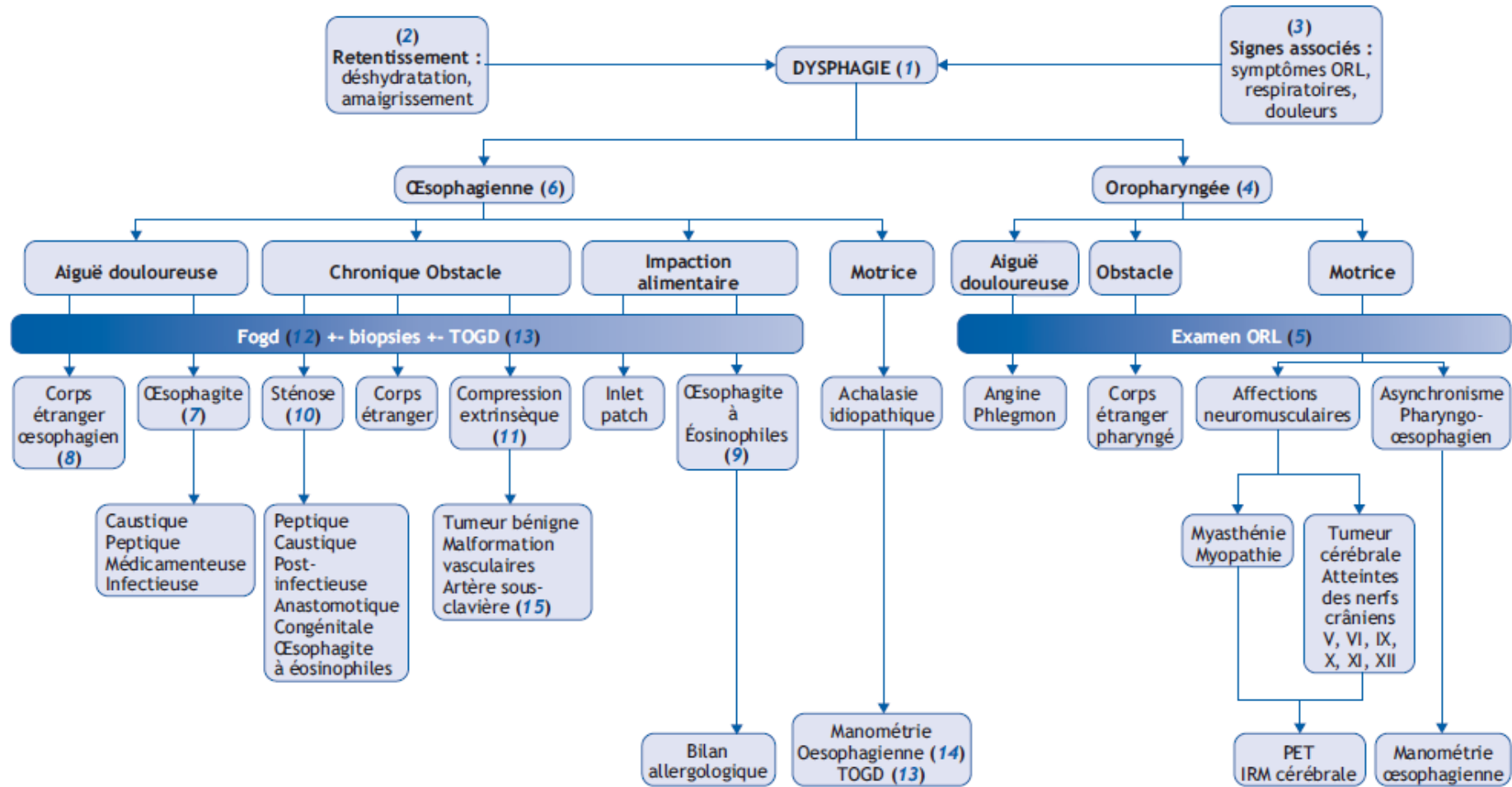


~~Trouble de la déglutition ?~~

~~Dysphagie ?~~

~~Odynophagie ?~~

Il ne mange pas ...



■ Abréviations

FOGD : Fibroscopie œsogastrique
 PET : Potentiels évoqués du tronc
 TDM : Tomodensitométrie
 TOGD : Transit oeso-gastro-duodéal

~~Trouble de la déglutition ?~~

~~Dysphagie ?~~

~~Odynophagie ?~~

~~Anorexie organique ?~~

Il ne mange pas ...

Pathologies organiques associées à des TCAP

- Pathologies digestives
 - APLV, oesophagite, maladie coeliaque etc...
- Pathologies extra-digestives
 - Tubulopathie, insuffisance rénale
 - Pathologie chronique (cardiopathie, hépatopathie...)
 - Maladies métaboliques (fructosémie, galactosémie...)
 - Tumeurs diencéphaliques...
- Pathologies neurologique et neuromusculaire,
- Anomales congénitales de la succion/déglutition

DIFFERENCE SIGNIFICATIVE ENTRE LES TCAPE ET LES TEMOINS POUR :

	TCAPE (n=57)	Témoins (n=46)	p
CESARIENNE	21	5	p < 0,002
PREMATURITE	14	0	p < 0,001
HYPOTROPHIE NEONATALE	12	3	p < 0,05
PATHOLOGIE NEONATALE	21	4	p < 0,001
TCA CHEZ PARENTS ET/OU FRATRIE	20	4	p < 0,001
CHANGEMENTS DE LAIT	42	19	p < 0,001
HYDROLYSATS PROTEINES LV	30	5	p < 0,001
INHIBITEURS POMPE A PROTONS	35	7	p < 0,001

TCAPE



rarement

Allergie

Allergie

TCAPE + autres
symptômes



Allergie

Pas de prise en charge des TCAPE

Eviction justifiée

Eviction
discutable

Eviction à tort



TCAPE

Effet du lansoprazole sur les symptômes attribués au RGO chez le nourrisson

	Lansoprazole double-blind (≤4 weeks, n = 81)*	Placebo double-blind (≤4 weeks, n = 81)*	P value†
Primary efficacy: Responder rate, n (%)	44 (54%)	44 (54%)	NS
Discontinued due to nonefficacy, n (%)	28 (35%)	29 (36%)	NS
Individual symptoms‡			
Cry, % of feeds/week (Appendix 2)	-20	-20	NS
Regurgitate, % of feeds/week	-14	-11	NS
Stop feed soon, % of feeds/week	-7	-8	NS
Feed refusal, % of days/week	-14	-10	NS
Arching back, % of days/week	-20	-18	NS
Coughing, % of days/week	0	-9	NS
Wheezing, % of days/week	-5	-6	NS
Hoarseness	2	-5	NS
Global severity assessment§			
Parent: Improved at week 4	45 (56%)	41 (51%)	NS
Physician: Improved at week 4	44 (55%)¶	40 (49%)	NS
Compliance			
≥90% for drug, % of subjects	93%	95%	Not tested
≥90% for daily diary, % of subjects	96%	100%	Not tested

~~Trouble de la déglutition ?~~

~~Dysphagie ?~~

~~Odynophagie ?~~

~~Anorexie organique ?~~

Il ne mange pas ...

Pathologies organiques associées à des TCAPE

- Pathologies digestives
 - APLV, oesophagite, maladie coeliaque etc...
- Pathologies extra-digestives
 - Tubulopathie, insuffisance rénale
 - Pathologie chronique (cardiopathie, hépatopathie...)
 - Maladies métaboliques (fructosémie, galactosémie...)
 - Tumeurs diencéphaliques...
- Pathologies neurologique et neuromusculaire,
- Anomales congénitales de la succion/déglutition

TABLE 6. DEFINITION OF OBSTRUCTIVE SLEEP APNEA ON DIAGNOSTIC TESTING AND ESTIMATED POPULATION PREVALENCE

Criteria for OSA Diagnosis	Location	No.	Age	Prevalence (%)
AHI \geq 10	United States (42)	126	2–18 yr	1.6
RDI \geq 10	Spain (22)	100	12–16 yr	2.0
AHI \geq 5 or apnea index \geq 1	Greece (50)	3,680	1–18 yr	4.3
AHI \geq 5	United States (19)	5,728	5–7 yr	5.7
AHI \geq 5	United States (20)	850	8–11 yr	2.5
AHI $>$ 3	Italy (64)	895	3–11 yr	1.0
AHI $>$ 3	Turkey (65)	1,198	3–11 yr	0.9
AHI \geq 1	Thailand (66)	755	9–10 yr	1.3
AHI \geq 1	Thailand (13)	1,008	6–13 yr	0.7
AHI $>$ 1	Singapore (57)	200	6.4 \pm 4 yr	0.1
ODI \geq 5	Italy (21)	604	3–6 yr	13.0
ODI $>$ 3	Iceland (41)	454	6 mo–6 yr	2.9
Upper 5% for nocturnal movement, number of oxygen desaturations, and pulse rate, with subsequent examination of videos to determine etiology	United Kingdom (47)	782	4–5 yr	0.9

Definition of abbreviations: AHI = apnea–hypopnea index; RDI = respiratory disturbance index; ODI = oxygen desaturation index. Study reference numbers are shown in parentheses.

Prévalence entre **2 et 4 %** dans la population pédiatrique

~~Trouble de la déglutition ?~~

~~Anorexie organique ?~~

~~Dysphagie ?~~

~~Odynophagie ?~~

Il ne mange pas ...

~~Anorexie anatomique ?~~

~~Trouble de la déglutition ?~~

~~Anorexie organique ?~~

~~Dysphagie ?~~

~~Odynophagie ?~~

~~Anorexie anatomique ?~~

Il ne mange pas ...

~~Anorexie génétique ?~~

Je recherche un syndrome génétique sous-jacent ?



Syndrome de Silver
Russell



Syndrome vélo cardio facial



Syndrome de Noonan



Syndrome de Prader Willi



Séquence de Pierre Robin



Syndrome de Williams

~~Trouble de la déglutition ?~~

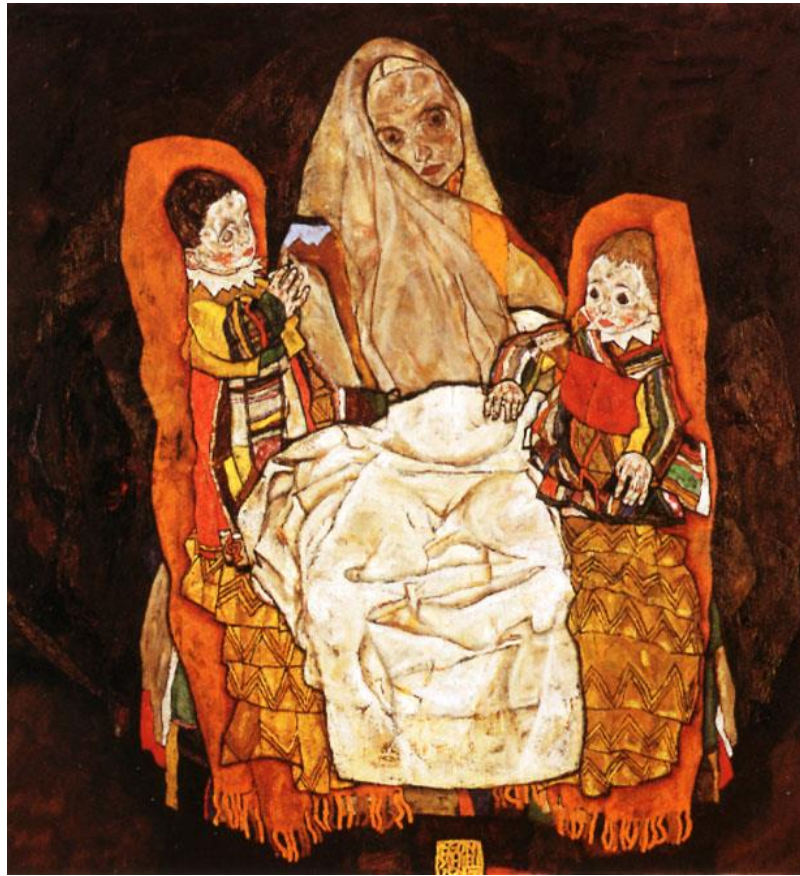
~~Anorexie organique ?~~

~~Anorexie anatomique ?~~

~~Anorexie génétique ?~~

~~Trouble psychiatrique ?~~

Il ne mange pas ...



Mère anorexique
mère dépressive...
enfant anorectique et dépressif ?

Les différentes formes d'anorexie psychogène du nourrisson

- 1) Les anorexies d'opposition
- 2) Les anorexies associée à une pathologie organique
- 3) Les anorexies « psychiatriques »
 - 1) Formes précoces de TSA
 - 2) Dépression
 - 3) Anorexie mentale infantile
- 4) L'anorexie par troubles de l'attachement

Goeb et al, Arch Ped, 2005
Poinso et al, Arch Ped, 2006
Le Heuzey, Arch Ped, 2011

~~Trouble de la déglutition ?~~

~~Anorexie organique ?~~

~~Anorexie anatomique ?~~

~~Anorexie génétique ?~~

~~Trouble psychiatrique ?~~ Il ne mange pas ...

~~Trouble de l'oralité alimentaire ?~~

La flaveur des aliments, votre langue au chat ?

> **Le goût, la gustation (langue)** / sapidité (sucré, salé, acide, amer, umami)

> **La sensation trigéminale / sensations mécano-chémo-thermiques (yeux, nez, bouche)**

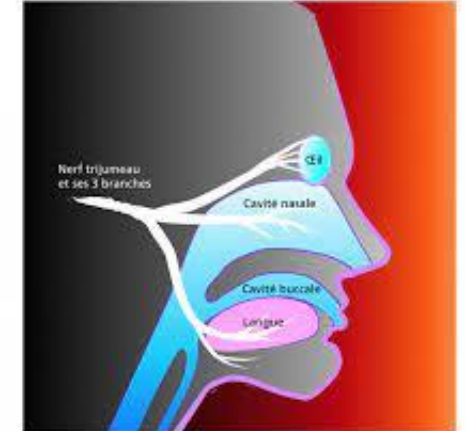
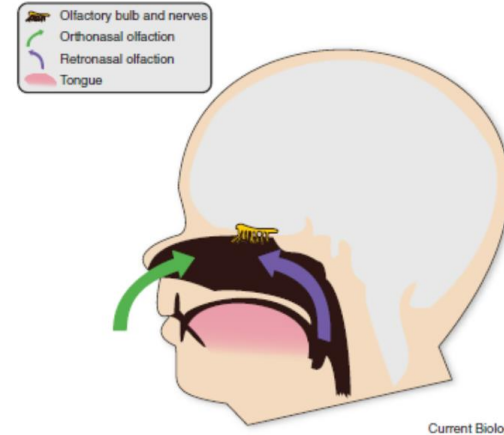
(capsaïcine du piment, pipérine du poivre, bulles de CO² des eaux gazeuses, fortes concentrations de citron, oignons, cuisson...)

 **L'olfaction (nez),** ortho olfaction et rétro olfaction

Au-delà du goût

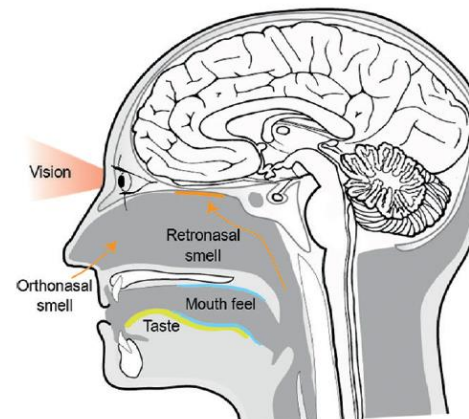
- **Perception de Flaveur**

- Goût (saveur)
- Système sensoriel olfactif
 - Ortho et rétronasal (arômes)
- Stimulations trigéminales
 - Texture, température, cuisson, piquant, frais
 - Stimulation sur l'amertume, l'acidité



- **Un processus sensoriel périphérique (Tous les sens !)**

- Vision
 - Forme
 - Couleur
- Toucher
- Audition ?



Vermeir *Foods* 2020

Spence et al. *Multisens Res* 2019

Pereira et al. *J Oral Rehab* 2016

Modifiez le style du titre

- Mo
-



masque



~~Trouble de la déglutition ?~~

~~Anorexie génétique ?~~

~~Anorexie organique ?~~

~~Anorexie anatomique ?~~

~~Néophobie alimentaire ?~~

~~Trouble psychiatrique ?~~ Il ne mange pas ...

~~Trouble de l'oralité alimentaire ?~~

OPEN

Pediatric Feeding Disorder—Consensus Definition and Conceptual Framework

*Praveen S. Goday, †‡Susanna Y. Huh, *Alan Silverman, §Colleen T. Lukens, ||Pamela Dodrill, ¶Sherri S. Cohen, *Amy L. Delaney, #Mary B. Feuling, **Richard J. Noel, ††Erika Gisel, ‡‡Amy Kenzer, §§Daniel B. Kessler, ||||Olaf Kraus de Camargo, ¶¶Joy Browne, and ###James A. Phalen

ABSTRACT

Pediatric feeding disorders (PFDs) lack a universally accepted definition. Feeding disorders require comprehensive assessment and treatment of 4 closely related, complementary domains (medical, psychosocial, and feeding skill-based systems and associated nutritional complications). Previous diagnostic paradigms have, however, typically defined feeding disorders using the lens of a single professional discipline and fail to characterize associated functional limitations that are critical to plan appropriate interventions and improve quality of life. Using the framework of the World Health Organization *International Classification of Functioning, Disability, and Health*, a unifying diagnostic term is proposed: “Pediatric Feeding Disorder” (PFD), defined as impaired oral intake that is not age-appropriate, and is associated with medical, nutritional, feeding skill, and/or psychosocial dysfunction. By incorporating associated functional limitations, the proposed diagnostic criteria for PFD should enable practitioners and researchers to better characterize the needs of heterogeneous patient populations, facilitate inclusion of all relevant disciplines in treatment planning, and promote the use of common, precise, terminology necessary to advance clinical practice, research, and health-care policy.

Key Words: dysphagia, failure to thrive, feeding disorder

(*JPGN* 2019;68: 124–129)

What Is Known

- Pediatric feeding disorders lack a universally accepted definition.
- Previous diagnostic paradigms have defined feeding disorder from the perspective of a single medical discipline.

What Is New

- A unifying diagnostic term, “Pediatric Feeding Disorder”, using the framework of the World Health Organization *International Classification of Functioning, Disability, and Health* is proposed.
- This term unifies the medical, nutritional, feeding skill, and/or psychosocial concerns associated with feeding disorders.
- The proposed diagnostic criteria should promote the use of common, precise, terminology necessary to advance clinical practice, research, and health care policy.

TAP

TCA pédiatrique selon DSM 5

A(voidance) R(estrictive) F(ood) I (ntake)D(isorders) : profil personnalité

- Petit mangeur, enfant « difficile »
- Peur de manger
- Sélectivité alimentaire

A Practical Approach to Classifying and Managing Feeding Difficulties.

Kerzner B, Milano K, MacLean WC Jr, Berall G, Stuart S, Chatoor I. Pediatrics. 2015 ;135:344-353.

Mérycisme

PICA



Review article

Nutritional risks of ARFID (avoidant restrictive food intake disorders) and related behavior

F. Feillet^{a,*}, A. Bocquet^b, A. Briend^c, J.-P. Chouraqui^d, D. Darmaun^e, M.-L. Frelut^f, J.-P. Girardet^g, D. Guimber^h, R. Hankardⁱ, A. Lapillonne^j, N. Peretti^k, J.-C. Rozé^e, U. Simeoni^d, D. Turck^h, C. Dupont^j, Comité de nutrition de la Société française de pédiatrie (CNSFP)^l

Disorders [2]. It is defined as an eating or feeding disturbance (e.g., apparent lack of interest in eating or food avoidance based on the sensory characteristics of food; concern about aversive consequences of eating) manifested by persistent failure to meet appropriate nutritional and/or energy needs associated with one (or more) of the following criteria:

- significant weight loss (or failure to achieve expected weight gain or faltering growth in children);
- significant nutritional deficiency;
- dependence on oral nutritional supplements or enteral feeding or pronounced interference with psychosocial functioning.

To qualify for ARFID, the disorder must meet several exclusion criteria:

- food avoidance must not be due to lack of available food or adherence to culturally or religiously sanctioned precepts;
- it does not occur exclusively during the course of anorexia nervosa or bulimia nervosa, and there is no evidence of a disturbance in the way in which one's body weight or shape is experienced [2];
- it is not attributable to a concurrent medical condition or not better explained by another mental disorder. When the eating disturbance occurs in the context of another condition or disorder, the severity of the eating disturbance exceeds that routinely associated with the condition or disorder and warrants additional clinical attention;
- ARFID does not refer to developmentally normal behaviors (e.g., picky eating in toddlers, reduced intake in adults).

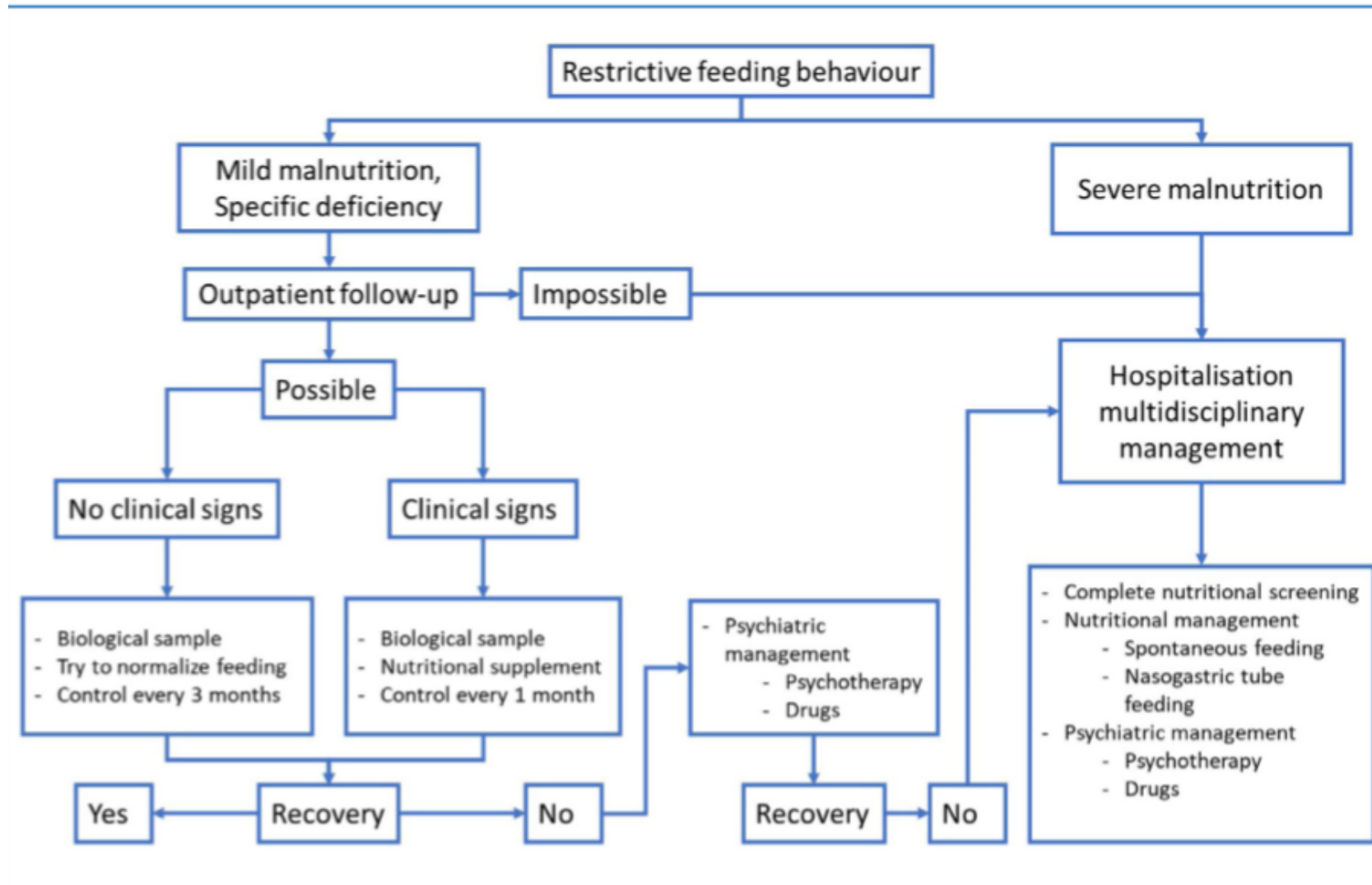


Fig. 1. Management of restrictive feeding behavior in children.

Assessment of Patients With ARFID Presenting to Multi-Disciplinary Tertiary Care Program

**†Tracy K. Richmond, MD, MPH, ‡§Julia Carmody, PhD, *§Melissa Freizinger, PhD, ||Carly E. Milliren, MPH, †‡P. McGregor Crowley, MD, *§Grace B. Jhe, PhD, and †‡Elana Bern, MD, MPH*

ABSTRACT

There are no standard assessment approaches for Avoidant Restrictive Food Intake Disorder (ARFID). We describe our approach to multidisciplinary assessment after assessing more than 550 patients with ARFID. We collected online survey (ARFID-specific instruments, measures of anxiety, depression) measures. Electronic medical record data (mental health and gastrointestinal diagnoses, micronutrient and bone density assessments, and growth parameters) were extracted for the 239 patients with ARFID seen between 2018 and 2021 with both parent and patient responses to online surveys. We identified 5 subtypes/combinations of subtypes: low appetite; sensory sensitivity; fear + sensory sensitivity; fear + low appetite; fear + sensory sensitivity + low appetite. Those with appetite-only subtype had higher mean age (14.0 years, $P < 0.01$) and the lowest average body mass index z score (-1.74 , $P < 0.01$) compared to other subtypes. Our experience adds to understanding of clinical presentations in patients with ARFID and may aid in assessment formulation.

Key Words: ARFID, assessment, subtypes

(*JPGN* 2023;76: 743–748)

What Is Known

- Avoidant Restrictive Food Intake Disorder (ARFID) is a relatively new eating disorder diagnosis describing individuals with restrictive eating but without an underlying gastrointestinal disorder or other eating disorder pathology to explain the restriction.
- Three different subtypes have been described: those with restrictive eating due to sensory characteristics, fear of negative consequences, or due to low appetite

What Is New

- In the largest cohort of patients with ARFID to date, we find considerable overlap in the described subtypes.
- Those with appetite only subtype had the oldest age at presentation as well as the lowest z score for body mass index.

Cohorte d'enfants avec PFD ARFID ou non

- Equipe tertiaire prenant en charge des enfants <19 ans avec difficultés alimentaires avec un impact nutritionnel, développemental ou sur le fonctionnement psycho-social
- Classification ARFID/non-ARFID selon la définition du DSM-V des 536 patients reçus dans le service entre 2013 et 2019

	<i>n</i> (<i>n</i> =536)	ARFID (<i>n</i> =263) <i>n</i> (%)	Non-ARFID (<i>n</i> =273) <i>n</i> (%)	Statistic	<i>p</i>
Age, y ^a					
0–3	69	26 (9.89)	43 (15.75)	2.00 ^b	0.046
4–9	360	194 (73.76)	166 (60.81)		
≥10	107	43 (16.35)	64 (23.44)		
Sex					
Male	401	215 (81.75)	186 (68.13)	13.182 ^c	<0.001
Female	135	48 (18.25)	87 (31.87)		
Comorbid ASD					
ASD	247	144 (54.75)	103 (37.73)	15.625 ^c	<0.001
Non-ASD	289	119 (45.25)	170 (62.27)		
Nutritional adequacy ^d					
Adequate nutrition without supplement	90	29 (11.03)	61 (22.34)	31.891 ^c	<0.001
Inadequate with oral supplement	172	80 (30.42)	92 (33.70)		
Inadequate with enteral feeding	49	15 (5.70)	34 (12.45)		
Inadequate with inadequate supplement	225	139 (52.85)	86 (31.50)		
Diet range ^e					
Full range	68	17 (6.46)	51 (18.68)	41.026 ^c	<0.001
Selective diet	192	77 (29.28)	115 (42.12)		
Severe selectivity (<10 foods)	139	92 (34.98)	47 (17.22)		
Extreme selectivity (<5 foods)	137	77 (29.28)	60 (21.98)		

^aStatistical significance is based on age as a continuous variable, age ranges are only presented as descriptives. Statistical test is based on ^bindependent samples *t*-test and ^cPearson's χ^2 (significant values are in bold type). ^d χ^2 values are based on inadequate with inadequate supplement versus other categories. ^e χ^2 values are based on less than 10 foods versus other categories. ARFID, avoidant/restrictive food intake disorder; ASD, autism spectrum disorder.

TCAPE non ARFID

- **Objectif de l'étude:** décrire les signes cliniques en lien avec le développement sensori-moteur, le déroulement du repas et les troubles fonctionnels digestifs associés chez des enfants entre 1 et 6 ans avec et sans TCAPE
- **Méthodologie: étude cas/témoins monocentrique**
 - **CAS: 244** patients de 1 à 6 ans recrutés consécutivement au sein de la cs multidisciplinaire TCAPE de Debré, **sans dénutrition, ni carence et sélectifs**
 - **TEMOINS: 109** enfants de 1-6 ans, sans difficultés alimentaires (échelle de Montreal <60) recrutés en crèche et écoles maternelles
 - **Questionnaire standardisé sur le développement** (inspiré de l'échelle de Denver), **le déroulement des repas, la sensorialité** (inspiré de l'échelle de Dunn) et **les TFI** (critères de ROME)
- Avis CPP Sud-Est VI, numéro : 21.00685.000004. ClinicalTrial.gov, NCT05157633.

Partie 1 – Développement

Psychomotor development	Cases (N = 244) %	Controls (N = 109) %	P-value
First walk >18 months	24%	0%	<0.001
Language delay	33%	6,5%	<0.001
Good hand mouth coordination	96%	100%	NS
Object exploration through mouthing	33%	95%	<0.001

Partie 2 – Temps du repas

mealtime practices	Cases (N = 244) %	Controls (N = 109) %	P-value
Distraction : always screens	77,5%	6%	<0.001
Conflict, forcing at mealtime	52,5%	7,5%	<0.001
Refusal pieces	89%	8%	<0.001
Food selectivity (< 10)	46%	3%	<0.001

Partie 3 – Hyperirritabilité sensorielle

Sensory Disorders	Cases (N = 244) %	Controls (N = 109) %	P-value
Tactile	> 50%	20%	<0.001
Visuelle	19%	2%	<0.001
Olfactive	32%	3%	<0.001
Peri et intra oral	29%	2%	<0.001

Partie 4 – Troubles Fonctionnels Intestinaux (TFI)

GI disorder	Total (N = 353)	Cases (N = 244)	Controls (N = 109)	P-value
Functional GI disorder	175	134	41	0.003
Constipation	137	117	20	<0.001
History of infant colic	31	12	19	<0.001
Gastro-oesophageal reflux	87	69	18	0.0018
History of food allergy	15	15	0	0.007*

Check for updates

OPEN ACCESS

EDITED BY
 Mauro Fabrig, Federal University of São Paulo, Brazil
 REVIEWED BY
 Marta Cristina Sanabria, National University of Asunción, Paraguay
 Gina Bautes, Bioamentation, Panama
 Mauro Batista De Morais, Federal University of São Paulo, Brazil

*CORRESPONDENCE
 Camille Jung
 ✉ camille.jung@chcreteil.fr

SPECIALTY SECTION
 This article was submitted to Pediatric Gastroenterology, Hepatology and Nutrition, a specialty of the journal Frontiers in Pediatrics

RECEIVED 04 December 2022
 ACCEPTED 30 January 2023
 PUBLISHED 15 February 2023

CITATION
 Bellaïche M, Leblanc V, Viala J and Jung C (2023) Oral exploration and food selectivity: A case-control study conducted in a multidisciplinary outpatient setting. *Front. Pediatr.* 11:1115787. doi: 10.3389/fped.2023.1115787

COPYRIGHT
 © 2023 Bellaïche, Leblanc, Viala and Jung. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.

Oral exploration and food selectivity: A case-control study conducted in a multidisciplinary outpatient setting

Marc Bellaïche¹, Véronique Leblanc¹, Jérôme Viala¹ and Camille Jung^{2*}

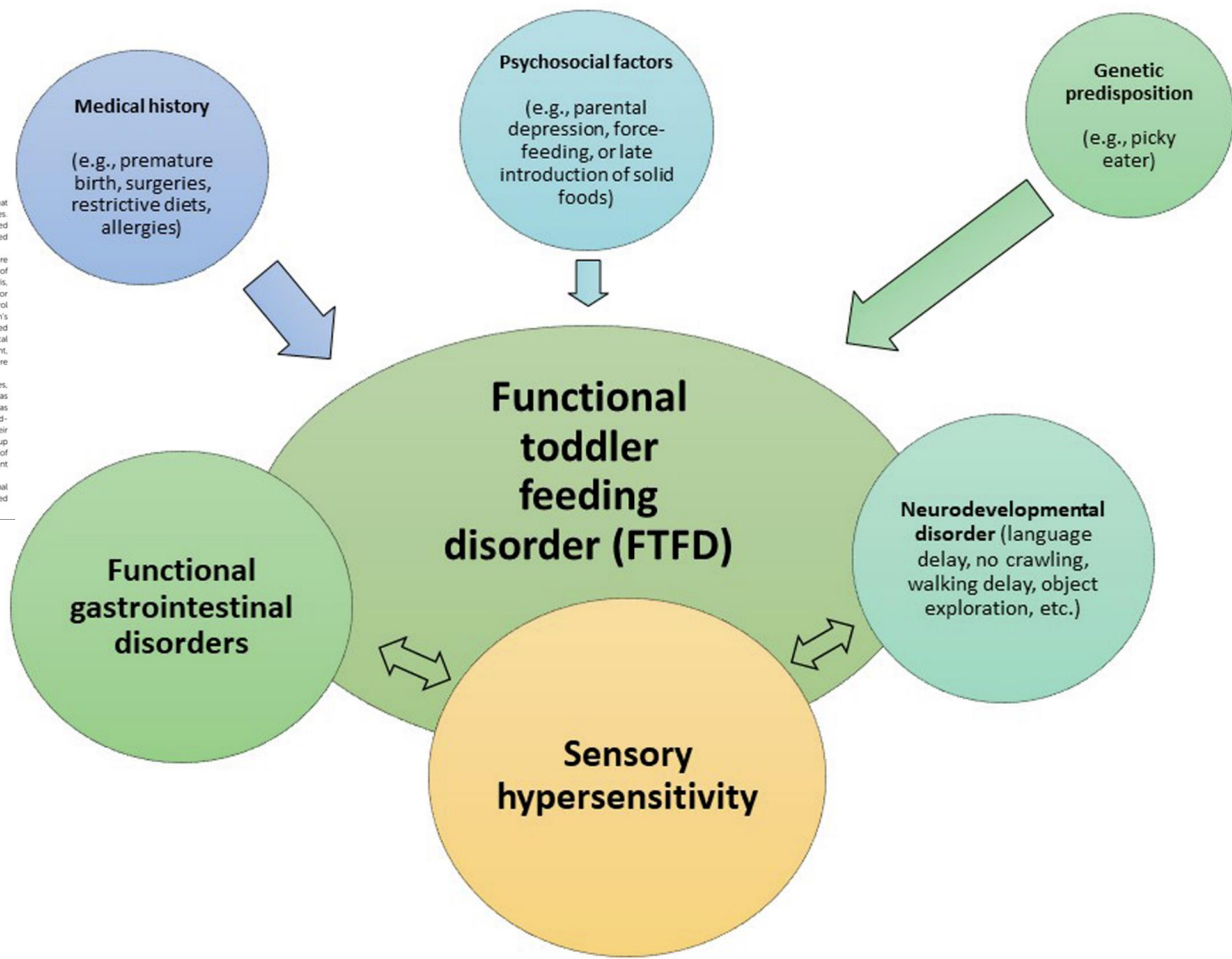
¹Department of Pediatric Gastroenterology, Robert Debré Hospital, AP-HP, Paris, France, ²Department of Clinical Research, Centre Hospitalier Intercommunal de Créteil, Créteil, France

Background: Pediatric feeding disorders (PFDs) are common, and their great phenotypic variability reflects the breadth of the associated nosological profiles. PFDs should be assessed and managed by multidisciplinary teams. Our study aimed to describe clinical signs of feeding difficulties in a group of PFD patients assessed by such a team, and to compare them with children in a control group.

Methods: In this case-control study, case group patients 1 to 6 years old were consecutively recruited through the multidisciplinary unit for the treatment of pediatric feeding difficulties based at Robert Debré Teaching Hospital in Paris, France. Children with an encephalopathy, severe neurometabolic disorder, or genetic syndrome (suspected or confirmed) were excluded. Members of the control group, consisting of children with no feeding difficulties (i.e., Montreal Children's Hospital Feeding Scale scores below 60) or severe chronic diseases, were recruited from a day care center and 2 kindergartens. Data from medical histories and clinical examination related to mealtime practices, oral motor skills, neurodevelopment, sensory processing, and any functional gastrointestinal disorders (FGIDs) were recorded and compared between groups.

Results: In all, 244 PFD cases were compared with 109 controls (mean ages: cases, 3.42 [±1.47]; controls, 3.32 [±1.17]; $P = 0.55$). Use of distractions during meals was much more among PFD children (cases, 77.46%; controls, 5.5%; $P < 0.001$), as was conflict during meals. While the groups did not differ in their members' hand-mouth coordination or ability to grab objects, cases began exploring their environments later; mouthing, especially, was less common in the case group (cases, $n = 80$ [32.92%]; controls, $n = 102$ [94.44%]; $P < 0.001$). FGIDs and signs of visual, olfactory, tactile, and oral hypersensitivity were significantly more frequent among cases.

Conclusion: Initial clinical assessments showed that, in the children with PFDs, normal stages of environmental exploration were altered, and that this was often associated with signs of sensory hypersensitivity and digestive discomfort.



Growth and Development in Chinese Pre-Schoolers with Picky Eating Behaviour: A Cross-Sectional Study

Yong Xue¹, Ai Zhao², Li Cai^{1a}, Baoru Yang^{1ab}, Ignatius M. Y. Szeto¹, Defu Ma², Yumei Zhang^{1*}, Peiyu Wang^{1*}

1 Department of Nutrition and Food Hygiene, School of Public Health, Peking University Health Science Center, Beijing, China, **2** Department of Social Medicine and Health Education, School of Public Health, Peking University Health Science Center, Beijing, China

^a Current address: Department of Maternal and Child Health, School of Public Health, Sun Yat-sen University, Guangzhou, Guangdong, China

^b Current address: Food Chemistry & Food Development, Department of Biochemistry, University of Turku, Turku, Pori, Finland

* wpeiyu@bjmu.edu.cn (PYW); zhangyumei@bjmu.edu.cn (YMZ)



OPEN ACCESS

Citation: Xue Y, Zhao A, Cai L, Yang B, Szeto IMY, Ma D, et al. (2015) Growth and Development in Chinese Pre-Schoolers with Picky Eating Behaviour: A Cross-Sectional Study. PLoS ONE 10(4): e0123664. doi:10.1371/journal.pone.0123664

Abstract

Objective

To explore the associations between picky eating behaviour and pre-schoolers' growth and development. Corresponding potential mechanisms, such as nutrient and food subgroup intake, as well as micronutrients in the blood, will be considered.

Table 2. Parameters of growth and development of non-picky eating and picky eating groups.

	Non-picky eating ^a (n = 423)	Picky eating ^a (n = 488)	p value	Adjusted [†] β [‡]	SEM	95% confidence interval	Adjusted p value
Height, cm	110.45 ± 0.39	108.66 ± 0.33	< 0.001	-0.41	0.28	-0.96, 0.14	0.141
Height for age	0.31 ± 0.05	0.18 ± 0.04	0.046	-0.10	0.06	-0.22, 0.02	0.087
Weight, kg	18.96 ± 0.16	18.11 ± 0.13	< 0.001	-0.42	0.15	-0.72, -0.12	0.006
Weight for age	0.23 ± 0.05	0.08 ± 0.04	0.016	-0.14	0.06	-0.25, -0.02	0.017
BMI, kg/m ²	15.46 ± 0.07	15.28 ± 0.06	0.061	-0.21	0.09	-0.38, -0.04	0.016
BMI for age	0.04 ± 0.05	-0.06 ± 0.04	0.102	-0.12	0.06	-0.23, 0.00	0.056
Intelligence, IQ	100.65 ± 0.72	98.57 ± 0.62	0.026	-0.79	0.80	-2.36, 0.77	0.321

Table 5. Dietary intake of energy groups.

	Non-picky eating		Picky eating		p value	
	Mean	SE ^e	Mean	SE ^e	Unadjusted	Adjusted [†]
Energy (kcal)	1627.65	34.65	1554.05	34.27	0.133	0.232
Protein ^a (g)	55.77	1.37	51.81	1.10	0.023	0.038
Fat (g)	59.29	1.31	57.82	1.48	0.461	0.488
Carbohydrate (g)	225.11	5.77	213.77	5.17	0.143	0.300
Dietary fibre ^a (g)	7.61	0.28	6.83	0.21	0.027	0.049
Vitamin A (μgRE ^b)	481.72	26.51	543.14	42.79	0.240	0.385
Thiamine (mg)	0.81	0.03	0.87	0.07	0.440	0.466
Riboflavin (mg)	0.93	0.05	0.91	0.05	0.774	0.714
Niacin (mgNE ^c)	11.18	0.32	10.97	0.32	0.641	0.790
Vitamin C (mg)	63.95	2.42	66.70	3.21	0.505	0.715
Vitamin E (mgα-TE ^d)	19.08	0.48	19.14	0.60	0.941	0.820
Calcium (mg)	443.05	22.87	446.17	24.42	0.926	0.975
Magnesium (mg)	230.54	6.72	210.49	5.35	0.020	0.059
Iron ^a (mg)	17.29	0.52	15.67	0.41	0.014	0.038
Zinc ^a (mg)	9.33	0.45	8.31	0.24	0.044	0.046
Copper ^a (mg)	1.48	0.04	1.62	0.09	0.128	0.157

Importance du lait de croissance au delà de 3 ans pour les TCAPE

Manger ce n'est pas qu'une histoire de bouche ...





marc.bellaiche@aphp.fr